

For Performance Diver and OW instructors the IE can be conducted by video. The IT must be present and is responsible for uploading the information.

Video Requirements

Wide-angle view: Must show full student team (trim, buoyancy, spacing).

Side View: Videos must be shot from the side so we can see trim and buoyancy control. Videos shot from above will not be accepted.

Instructor visible:

Acts as reference for depth and position.

Shows proximity, communication, and control.

Active Teaching: Instructor's signals, corrections, and positioning must be visible.

Clip length: Only record relevant sections (no full dives).

Recorded by: IE or IT.

Upload: To Google Drive, with filenames clearly identifying content.

Include date, dive number, and skill focus where possible.

Class Video Debrief: May also be used for **student debriefing**.

Dive Site Set up. To ensure IE can identify buoyancy control a fixed ascent/descent line needs to be visible with markers at 3m and 6m.

Video Size: Max size for each video is 100MB